

# How to Submit an ABSTRACT

## How SMP can help Hair Transplant Surgery

**Introduction:** SMP (scalp micro pigmentation) is an excellent technique to complement hair transplant surgery or improve the scar appearance from previous surgeries.

**Objective:** In this paper, the author will show how he utilizes SMP in his routine and the best indications for its use.

### Materials / Methods

The quality and extent to which SMP achieves the most advanced outcomes can vary greatly in accordance with intrinsic and extrinsic factors of the patient, as well as the skills of the professional who performs the procedure.

Temporary or definitive inks, single or multiple needles and different types of devices may be used in SMP.

Technically the most important factors are: the type of needle, the type of machine and its RPMs. The most important criteria however is the skills of the professional who performs the technique, as well as delicate touch and aesthetic sense.

After five years of experience using the SMP technique and with various machines, needles and inks, the author will discuss which are the best indications and which techniques are most appropriate for each indication. The author will demonstrate the instruments and inks that may be used, discussing their advantages and disadvantages..

## Discussion / Results

In the author's opinion, the best indication for SMP is to camouflage the scar from previous FUT when performing FUE until the hair grows.

Other applications are:

- Shaved look: the possibility to be a little bit more aggressive with the hairline and give the impression of more density in Norwood VII which sometimes is better than a hair transplant with poor result/density.
- Allow surgeons to be a little more aggressive in the extraction of depleted areas, or areas with low density.
- Increase density in areas with some degree of thinning.

## Conclusion:

SMP, when appropriately indicated and properly performed is a strong ally to hair transplant surgeons.

**PICTURES or VIDEOS**  
(good pictures to illustrate your abstract properly)

